



# NUTRITIONAL COMPOUNDING ORDER FORM

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**Patient Details:**  
Name: \_\_\_\_\_ Email: \_\_\_\_\_  
Shipping Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Post Code: \_\_\_\_\_ Phone: \_\_\_\_\_

*Note to Compounding Pharmacists: dispense as ELEMENTAL VALUE*

AM Program	AM Dose	PM Program	PM Dose
Vit C Corn free- Ascorbic Acid (mg)		Vit C Corn free - Ascorbic Acid(mg)	
B-6 (mg) <small>Script required for quantities exceeding 200mg of combined B-6 &amp; P5P</small>		Zinc as Picolinate (mg) <small>Script required for quantities exceeding 50mg</small>	
P5P (mg) <small>Script required for quantities exceeding 200mg of combined B-6 &amp; P5P</small>		Zinc as Citrate (mg) <small>Script required for quantities exceeding 50mg</small>	
Vit E (as D-alpha Tocopherol Succinate) (IU)		Vitamin E(as D-alpha Tocopherol Succinate) (IU)	
Vitamin E Syn (as Acetate) soy-free (IU)		Vitamin E Syn (as Acetate) soy-free (IU)	
Vitamin E as Mixed Tocopherols (IU)		Vitamin E as Mixed Tocopherols (IU)	
Biotin (mcg)		Biotin (mcg)	
Cyanocobalamin (vitamin B-12) (mcg)		Cyanocobalamin (vitamin B-12) (mcg)	
Methylcobalamin (vitamin-B12) (mcg)		Methylcobalamin (vitamin-B12) (mcg)	
Folic Acid (mcg)		Folic Acid (mcg)	
Folinic Acid (mcg)		Folinic Acid (mcg)	
5-Methyltetrahydrofolate (5-MTHF) (mcg)		5-Methyltetrahydrofolate (5-MTHF) (mcg)	
Niacinamide (mg)		Niacinamide (mg)	
Chromium as Picolinate (mcg)		Chromium as Picolinate (mcg)	
Methionine (mg)		Methionine (mg)	
Calcium as Carbonate (mg)		Calcium as Carbonate (mg)	
Calcium as Citrate (mg)		Calcium as Citrate (mg)	
Vitamin A (IU) <small>Script required for quantities exceeding 10000IU</small>		Vitamin A (IU) <small>Script required for quantities exceeding 10000IU</small>	
Beta Carotene (IU)		Beta Carotene (IU)	
Molybdenum (mcg)		Molybdenum (mcg)	
Selenium (mcg) as Selenomethionine		Selenium (mcg) as Selenomethionine	
Vitamin D3 (IU) <small>Script required for quantities exceeding 25mcg (1000IU)</small>		Vitamin D3 (IU) <small>Script required for quantities exceeding 25mcg (1000IU)</small>	
L-Serine (mg)		L-Serine (mg)	
Taurine (mg)		Taurine (mg)	
Iron (mg) as Ferrous Gluconate		Iron as Ferrous Gluconate (mg)	
Magnesium as Glycinate (mg)		Magnesium as Glycinate (mg)	
Magnesium as Oxide (mg)		Magnesium as Oxide (mg)	
Magnesium as Citrate (mg)		Magnesium as Citrate (mg)	
Thiamine (mg) (Vitamin B1)		Manganese as Gluconate (mg)	
Riboflavin (mg) (Vitamin B2)		Betaine (anhydrous) TMG (mg)	
Riboflavin-5-phosphate (mg)			
Calcium Panthoate (Vitamin B5) (mg)			
Betaine (anhydrous) TMG (mg)			

Notes: \_\_\_\_\_

**Please check appropriate box below for AM/PM Program**

Powder **OR**  Capsules  Plant based filler **TOTAL DOSAGES REQUIRED (standard is 100 days)** \_\_\_\_\_  
 Add Vanillin to capsules?  L-Glycine Filler **Repeats:** \_\_\_\_\_  
 Other filler \_\_\_\_\_

Physician Signature — dispense as written \_\_\_\_\_

Physician Printed Name | Prescriber Number \_\_\_\_\_

Date \_\_\_\_\_

ADDRESS STAMP  
HERE