

IBUPROFEN SUSPENSION

Ibuprofen 200mg/5mls

Consumer Medicine Information

What is in this leaflet

This leaflet answers some common questions about Ibuprofen 200mg/5ml. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist. All medicines have risks and benefits. Your doctor has weighed the risks of you taking Ibuprofen 200mg/5ml against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your doctor or pharmacist. Keep this leaflet with the medicine. You may need to read it again.

What Ibuprofen 200mg/5ml is used for

Ibuprofen is used for the temporary relief of pain and discomfort associated with:

- headache
 - migraine headache
 - tension headache
 - sinus pain
 - toothache
 - dental procedures
 - backache
 - muscular aches and pains
 - period pain
 - sore throat
 - tennis elbow
 - arthritis
 - rheumatic pain, and
 - the aches and pains associated with colds and flu
- It also reduces fever. Ibuprofen belongs to a group of medicines called non-steroidal antiinflammatory drugs (NSAIDs).

Ask your pharmacist or doctor if you have any questions about this medicine.

Your pharmacist or doctor may have given it to you for another reason. Ibuprofen 200mg/5ml is only available from your pharmacist.

Before you take Ibuprofen 200mg/5ml

When you must not take it
Do not take Ibuprofen 200mg/5ml if you have an allergy to:

- any medicine containing ibuprofen, aspirin or other NSAIDs
 - any of the ingredients listed at the end of this leaflet.
- Some of the symptoms of an allergic reaction may include:
- shortness of breath
 - wheezing or difficulty breathing
 - swelling of the face, lips, tongue or other parts of the body
 - rash, itching or hives on the skin

Do not take Ibuprofen 200mg/5ml if you have:

- asthma that is sensitive to aspirin or NSAIDs
- a stomach or duodenal ulcer
- recently vomited blood or material that looks like coffee grounds
- recently bled from the back passage (rectum), had black sticky bowel motions or bloody diarrhoea

Do not take Ibuprofen 200mg/5ml in the last three months of pregnancy.

It may affect the baby, and also delay labour and birth.

Do not take Ibuprofen 200mg/5ml after the expiry date printed on the pack

If you are not sure whether you should start taking Ibuprofen 200mg/5ml, talk to your pharmacist or doctor.

Before you start to take it

Tell your pharmacist or doctor if you have or have had any of the following medical conditions:

- asthma
- stomach or duodenal ulcer
- signs of gastrointestinal bleeding, such as vomiting blood or bleeding from the back passage (rectum)
- liver or kidney disease
- heart problems

Talk to your pharmacist or doctor about taking Ibuprofen 200mg/5ml if you are over 65 years of age.

Taking this medicine may increase the risk of you getting stomach, heart or kidney problems.

Tell your pharmacist or doctor if you are pregnant or are planning to become pregnant.

Ibuprofen 200mg/5ml may affect your developing baby. Your pharmacist or doctor will discuss the benefits and possible risks of taking it during pregnancy.

Ask your pharmacist or doctor about taking Ibuprofen 200mg/5ml if you are breastfeeding.

This medicine may be taken by breastfeeding mothers, however small amounts of ibuprofen pass into the breast milk.

If you have not told your pharmacist or doctor about any of the above, tell him/her before you start taking Ibuprofen 200mg/5ml

Taking other medicines

Tell your pharmacist or doctor if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and ibuprofen may interfere with each other. These include:

- warfarin, a medicine used to prevent blood clots
 - lithium, a medicine used to treat mood swings and some types of depression
 - medicines used to lower blood pressure
 - methotrexate, a medicine used to treat arthritis and some types of cancer
 - medicines used to treat heart failure
 - medicines such as prednisone, prednisolone and cortisone, which reduce the activity of your immune system
 - zidovudine, a medicine used to treat HIV infection
 - aspirin, salicylates and other nonsteroidal anti-inflammatory drugs (NSAIDs)
 - medicines used to treat diabetes
- Your doctor and pharmacist will have more information on these and other medicines to be careful with or avoid while taking Ibuprofen 200mg/5ml

How to take Ibuprofen 200mg/5ml

Follow all directions given to you by your pharmacist or doctor carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions on the box, ask your pharmacist or doctor for help.

How much to take

Take as much as directed by your doctor.

Do not take more than the recommended dose.

How to take it

Take Ibuprofen 200mg/5ml by mouth with water.

How long to take it

Ibuprofen 200mg/5ml should not be used for more than 3 days at a time, except on medical advice.

If you take too much (overdose)

Immediately telephone your doctor or the Poisons Information Centre (telephone 13 11 26) for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much Ibuprofen 200mg/5ml. Do this even if there are no signs of discomfort or poisoning.

While you are using Ibuprofen 200mg/5ml

Things you must do

Talk to your pharmacist or doctor if your symptoms do not improve.

Your pharmacist or doctor will assess your condition and decide if you should continue to take the medicine.

Things you must not do

Do not take Ibuprofen 200mg/5ml to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

Things to be careful of

If you are over 65 years of age, talk to your pharmacist or doctor about taking Ibuprofen 200mg/5ml

Taking this medicine may increase the risk of you getting unwanted effects, such as stomach or heart problems.

Be careful driving or operating machinery until you know how Ibuprofen 200mg/5ml affects you.

This medicine may cause dizziness in some people. If this happens, do not drive or operate machinery.

Side effects

Tell your pharmacist or doctor as soon as possible if you do not feel well while you are taking Ibuprofen 200mg/5ml

This medicine may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following lists of side effects. You may not experience any of them.

Ask your pharmacist or doctor to answer any questions you may have.

Tell your pharmacist or doctor if you notice any of the following and they worry you:

- nausea, heartburn, or stomach pain
- loss of appetite
- diarrhoea
- dizziness
- drowsiness
- headache
- nervousness

The above list includes the more common side effects of your medicine. They are usually mild.