

Topical Pain Cream Patient Instructions

Your doctor has recommended and prescribed a compounded medication that will be made to treat your specific needs. Every prescription from ACPHARM is mixed specifically for you, based on your condition and what your doctor has requested.

The cream prescribed for you have been proven to be an effective topical pain treatment for your indication. However, as every person experiences pain differently, ACPHARM may need to adjust the formulation for it to be effective for you.

It is important that you use your cream as directed so that you may experience its maximum benefits. Please follow the instructions below, and contact ACPHARM to speak with a pharmacist if you have any questions.

- 1. Before each application, clean and dry affected area.
- 2. <u>Do not apply cream to open wounds.</u>
- 3. The person rubbing in the cream should wash hands before and after application. For best results start with cool water and soap free wash, lather and rinse with warm water. If someone else is helping you apply the cream, it is suggested that person wear a glove or finger cot.
- 4. Apply cream using the dispenser. Do not open pump or Jar and use fingers to scoop out cream. PUMP: slowly push the top and it dispenses 0.5ml each push.
- Apply small amount of cream to affected area and rub in well for 2-4 minutes, or as directed by your physician. CAUTION: AFTER APPLYING CREAM, DO NOT TOUCH EYES OR MOUTH UNTIL YOU HAVE WASHED YOUR HANDS. CAN CAUSE BURNING AND IRRITATION.
- 6. <u>Do not</u> wash area where cream was applied for at least one (1) hour.
- 7. <u>Do not cover area with an occlusive bandage, such as plastic wrap.</u>
- 8. Cream and/or gel may feel cool or tingly when applied, which is normal.
- 9. Rub your cream into the affected area three (3) times a day, or as prescribed by your physician. Massage into skin thoroughly for at least 2-4 minutes.
- 10. Store at room temperature. Do not refrigerate.
- 11. If you have any questions, please call our toll-free number: 1300696337

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